



## Catering at Gilwell Park

### Sample menu

We've provided a sample menu overleaf, but your exact menu may differ due to seasonality, availability and dietary requirements. Water, juice, tea and coffee are available at all meal times.

### Meal times and locations

All meals will be served in the Adventure Kitchen. You can select a time slot when you check-in at reception.

If you're arriving late on your first evening and have dinner booked, or you have any day trips planned, please give us a heads up so we can make alternative arrangements with you.

### Dietary requirements

We are able to cater for the [14 key allergens](#), as well as vegetarian, vegan and halal diets. Our catering team will try their utmost to cater for other allergies or intolerances, but we're unable to cater for personal tastes or preferences.

We'll request these details and your final numbers from you approximately 8 weeks before your visit.

### Don't forget

Catering for our packages runs from dinner on your arrival day to lunch on your departure day. Please bring packed lunches for your first day, or we can book additional lunches for you.



# Scout Adventures

	Breakfast	Lunch All served with Tyrells crisps and fresh fruit	Dinner All served with a bread roll and butter
Mon	Croissants with cheese Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sausage roll Vegetarian sausage roll Ham, cheese, bread, salad  Fruity flapjacks	Mild chicken chilli Mild mixed bean chili Cheese and tortilla chips  Lemon loaf cake
Tue	Omelette, bacon and beans Omelette, vegetable sausage, beans Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sandwich selection Ham, cheese, bread, salad  Fruity flapjacks	Chicken pasta bake Vegetable pasta bake Cheddar cheese, garlic bread and cucumber sticks  Baked cheesecake
Wed	American pancakes with fruit compote Fresh fruit and yoghurt Toast with spreads Choice of cereals	Pizza slice Ham, cheese, bread, salad  Fruity flapjacks	Chicken burger Mixed bean burger Potato wedges and coleslaw  Chocolate fudge cake
Thu	Sausage and egg muffin Egg muffin Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sandwich selection Ham, cheese, bread, salad  Fruity flapjacks	Jacket potato with tuna mayonnaise Jacket potato with baked beans Cheddar cheese and cucumber sticks  Lemon loaf cake
Fri	French toast bake Fresh fruit and yoghurt Toast with spreads Choice of cereals	Fish finger bap Ham, cheese, bread, salad  Fruity flapjacks	Mild chicken, chickpea and carrot curry Mild squash, chickpea and carrot curry Rice, green beans and naan bread  Baked cheesecake
Sat	Bacon ciabatta roll Vegetarian ciabatta roll Fresh fruit and yoghurt Toast with spreads Choice of cereals	Chicken fajita Vegetarian fajita Salad, salsa, guacamole, cheese  Chocolate chip cookie	Pasta Bolognese bake Vegetarian pasta bake Garlic bread  Caramel cheesecake
Sun	Sausage, hash brown and beans Vegetable sausage, hash brown, beans Fresh fruit and yoghurt Toast with spreads Choice of cereals	Sandwich selection Ham, cheese, bread, salad  Fruity flapjacks	Mediterranean chicken bake Vegetarian Mediterranean bake Flatbread and salad  Ice cream and sauce

The **vegetarian option** is only provided to those who are listed as vegetarian when submitting your dietary requirements. The meat option will be served to everyone else in your group.

Most of our meals are already halal as standard, or a similar alternative will be provided where they are not. A similar alternative will be provided for vegan meals and other dietary requirements.

Scout Adventures is owned and managed by The Scout Association reg. Charity numbers 306101 (England and Wales) and Sc038437 (Scotland), working in partnership with Scouts Scotland (Scottish charity no. Sc017511).